



Moyle Park College

MOYLE PARK COLLEGE, CLONDALKIN, DUBLIN 22.

COLÁISTE PHÁIRC MHAOILE, CLUAIN DOLCÁIN, BAILE ÁTHA CLIATH.

E.mail: info@moyleparkcollege.com

Website: www.moyleparkcollege.ie

20:03:2020

Dear Students,

This is a particularly challenging time for you and the unknown nature of the current crisis makes it all the more difficult. While there is no solution right now, there are things that we can do to make things better. We have spoken many times about leadership and taking responsibility. Now is the time to be self-motivated and accountable. Never has it mattered more than in the current climate.

Develop a structure and daily routine. It's not going to be easy, but you know that you are all doing this together for a greater purpose. Get up each morning and follow your school timetable as far as is reasonably possible. Follow and complete the work scheduled by your teachers. Link in and touch base daily and inform them if you are having difficulties accessing the work or completing the assignments.

Take breaks and continue to exercise. This is essential for your physical and mental wellbeing. This is not a holiday, so you must treat it differently.

Your actions during these weeks will determine the outcome. We are offering support and strategies to help you to learn and develop your education. We must all shift our mind sets and develop new ways of teaching and learning, working together as a school community.

You must follow the advice of the HSE and observe the guidelines re: 'social distancing'. You are young and fit but in each of our communities, there may be sick and elderly who will not have the immunity that you have. Please remember this and follow the guidelines from the HSE.

Gentlemen, stay positive and focused and continue to engage with your teachers. Be respectful and listen to your parents/ guardians and be patient. Look after each other and be brave in these unprecedented times.

Some of you may feel overwhelmed and we are here to help you through this. Please link in Ms. Murray on s.murray@moyleparkcollege.com or Mr. O' Dowd on d.odowd@moyleparkcollege.com.

The school has also created a “Student Wellbeing and Support” page on Google Classroom. Here you can find useful supports over the next few weeks. There is also information on Covid -19 available in different languages. An invite will be sent to you via your school email account and we encourage you to join. Alternatively you can join the classroom by using the Class Code **h53k76z**

Stay safe everyone and look after each other.

Yours sincerely,

Niamh Cahalane
Principal

Christine Kilcoyne
Deputy Principal

Diarmuid O’ Dowd
Deputy Principal