



## **Local Directory of Useful Services**

<b>Local Garda Stations</b>	
Clondalkin	01 6667600
Ronanstown	01 6667700
Lucan	01 6667300
Ballyfermot	01 6667200
<b>Local Youth Services</b>	
Clondalkin Youth Service	01 4594666 / 086 1304629 or email <a href="mailto:cys@crosscare.ie">cys@crosscare.ie</a>
Ronanstown Youth Service	085 8770205 <a href="http://www.facebook.com/Ronanstown-Youth-Service">www.facebook.com/Ronanstown-Youth-Service</a>
Bawnogue Youth Service	Youth Clubs & activities from age 10 to 20 Tel: 01 4136886
Deansrath Youth Service	Youth Clubs & activities from age 10 - 20 Tel: 01 4577506
Youth Reach Clondalkin	Services for early school leavers Tel: 01-4593750
<b>National Mental Health Services</b>	
Samaritans	FREEPHONE: 116 123 (24 hours/ 7 days) email <a href="mailto:jo@samaritans.org">jo@samaritans.org</a>
Pieta House	Helpline: 1800 247 247 or text the word "HELP" to 51444 or email <a href="mailto:mary@pieta.ie">mary@pieta.ie</a>
JIGSAW	Mon-Fri 9am-5pm Text 086 1800280 or email <a href="mailto:help@jigsaw.ie">help@jigsaw.ie</a> Mon-Fri 1-5pm 1800 544 729
Turn 2 Me	One to one and Support Group and Online counselling 18+ <a href="http://www.turn2me.org">www.turn2me.org</a>
Spunout	For 16-25 year olds. Text SPUNOUT TO 086 1800 280 or <a href="http://www.spunout.ie">www.spunout.ie</a>



## Local Directory of Useful Services

<b>National Mental Health Services</b>	
BeLonG To	For (LGBTI+) young people in Ireland. Text LGBTI+ to 086 1800 280 or <a href="http://www.belongto.org">www.belongto.org</a>
Aware	Depression or Bipolar - 7 days 10am - 10pm 1800 804 848 or email <a href="mailto:support@aware.ie">support@aware.ie</a>
GROW	Support around emotional and mental wellbeing 1890 474 474 or email <a href="mailto:info@grow.ie">info@grow.ie</a>
<b>Local Mental Health Services</b>	
Beacon of Light	Phone 085 8431938 for enquiries during business hours.
CAMHS	Child and Adolescent Mental Health Services: New referrals through your GP as normal.
Families First/Archways	Families First is a service committed to helping young people aged 10-18 and their families struggling with: family conflict, youth-stress, behavioural, emotional, and relationship difficulties at home. Call 01 4574306 or email: <a href="mailto:info@archways.ie">info@archways.ie</a>
TUS NUA	Established in 1997 by a group of concerned parents. This is a community based response to the drug problems in the community. The project has developed into a unique community based addiction support centre providing a holistic and therapeutic service.  Email: <a href="mailto:info@clondalkintusnua.ie">info@clondalkintusnua.ie</a> Tel: (01) 457 2938 24 HOUR EMERGENCY HELPLINE : 087-783 1012
<b>Family and Parents Supports</b>	
Blueskies	Loads if tips on FACEBOOK and Instagram
Intercultural Centre	Information, internet access, solicitor consultation, training, English classes. All of these services are provided free of charge. Email <a href="mailto:intercultural@clondalkinpartnership.ie">intercultural@clondalkinpartnership.ie</a> Tel :457944 Mon - Friday 9.30a.m. - 5.00p.m



## Local Directory of Useful Services

Family and Parents Supports	
Console	Helping individuals and families bereaved by Suicide Tel: 01 4595463
Quarryvale FRC	Tel: 01 623 0264 / 01 626 9151 Email: <a href="mailto:reception@quarryvalefrc.ie">reception@quarryvalefrc.ie</a>
ISPCC	<p>Leanbh: 24 hour on-call service for 0-18 year olds who are begging or at risk, on the street.</p> <p>Childline: 24 hour free-phone listening service for all children aged 0-18 years</p> <p>Childfocus: Parent mentoring and individual support offered for 0-12 year olds</p> <p>Teenfocus: Individual support and youth mentoring offered available for 13 – 18 year olds</p> <p>Tel: 01 6767960 e-mail: <a href="mailto:ispcc@ispcc.ie">ispcc@ispcc.ie</a> website: <a href="http://www.ispcc.ie">www.ispcc.ie</a></p>
Near Le Cheile/CUMAS	<p>Near Le Cheile provides support to parents, grandparents, siblings and children of drug users and to young drug users themselves. They offer advocacy on behalf of families and drug users.</p> <p>Tel: (01) 457 3515 Email: <a href="mailto:neartlecheile@gmail.com">neartlecheile@gmail.com</a></p>
Deansrath Family Centre	<p>General Parenting, First Time Parenting, Behaviour Management. Parents of children 6-18 years old</p> <p><a href="http://www.deansrathfamily.ie">www.deansrathfamily.ie</a> (01) 4574069</p>
CASP	<p>Clondalkin Addiction Support Programme</p> <p>Tel: 01 616 6750 Email: <a href="mailto:info@casp.ie">info@casp.ie</a></p>

**Family and Parents Supports**



## **Local Directory of Useful Services**

Dochas Family Centre	Dochas work with children who have social, emotional and behavioral needs and their families, who are in the age range of 8-12 years and who attend one of the four local primary schools in north Clondalkin Tel :(01) 623 4531 Email: <a href="mailto:dochasfamilycentre@eircom.net">dochasfamilycentre@eircom.net</a>
Bawnogue Youth & Family Support	Rehabilitation/Aftercare for those who wish to remain drug free. Support for drug users, parents, carers & partners. To access these services you must first ring Tel :4572938 / 4572957

## **School Contact Details**

Moyle Park College  
Convent Rd, Clondalkin,  
Dublin 22  
Phone: (01) 457 48 37  
Email: [info@moyleparkcollege.com](mailto:info@moyleparkcollege.com)